



Course Synopsis

Working at Height for General Industries – Supervisor (CS WAHO-S)

Course Overview:

This course has been designed to meet or exceed the minimum standard for Working at Height Training for Supervisor Level (Competent Person), as stipulated by ANSI Z359.2 and OSHA 1926.503.

This course is aimed at delivering students the theoretical knowledge and practical skills required to competently and safely work at height and supervise work at height. This course has been contextualized to address working activities, hazards and fall protection equipment used in General Industry.

Target Audience:

Any and all personnel at a Supervisor Level or above, who's work activities include working at height and supervising work at height.

Learning Objectives:

- Identify roles and responsibilities, legislative requirements, hazards and control measures for working at height and fall protection
- Undertake risk assessment while working at height
- Develop procedures for the use of fall protection systems
- Apply best practices for prevention of dropped objects
- Apply best practices for the selection, use and maintenance of access systems, fall prevention and fall arrest systems
- Apply conditions and limitations of fall arrest equipment standards
- Apply best practices for the selection, use and maintenance of anchorage, body support, connectors, descent systems and emergency & rescue systems
- Demonstrate pre-use inspection of a personal fall arrest system
- Demonstrate fitting of personal fall arrest system
- Demonstrate basic horizontal and vertical, advanced horizontal/vertical movement and work positioning using personal fall arrest system
- Demonstrate basic post rescue casualty management

Mode of Training:

- Power Point Slides & Videos
- Class Discussions
- Participatory “Hands-On” Practical Activities

Mode of Assessment:

- Practical Activity Assessment Checklists & Forms (Formative)
- Participatory “Hands-On” Practical Activity Assessment (Formative)
- Multiple Choice Question Exam (Summative)

Entry Requirement:

Students should be physically fit and able to participate in moderately strenuous practical activities.

Duration: 1.5 Days / 12 Hours / 8am to 5pm & 8am to 12pm

Location: Block 61 Ubi Rd 1 “Oxley BizHub” #04-04 Singapore 408727

Trainer to Student Ratio: 1 to 6

Style: Competency-Based, requiring 100% pass mark throughout.

Certification & Validity Period: Statement of Attainment valid for 2 years from date of issue.

Cost at Training Centre: US\$ 550 / SG\$ 685 Per Person Ex Taxes

Cost for Onsite Delivery: POA

For more information, please contact (65) 6450 7537

For Registrations & Enrolments: Email us at trainingasia@capitalsafety.com